



SWIMMING TEAM

MELBOURNE • AUSTRALIA

PO Box 502, Ashburton VIC 3147

www.m1swimmingclub.org.au



M1 JUNIOR CLINIC - 2019

Saturday 24 August 2019

1.00pm - 3.00pm

Aquanation - Ringwood (indoor pool)

M1 will be conducting a clinic for junior club members aged 8-12 years.

The clinic will provide an opportunity for young members to develop the following:

- Race skills
- Learn the rules of competitive swimming
- Build connections with M1 team mates across our campuses
- What to do at swimming competitions

Coaches from Tateswim and Academy of Swimming will be conducting the clinic. The club is funding this clinic, so it is free to M1 members.

Register online at:

www.m1swimmingclub.org.au

(please register by Friday 23 August)

Note: Swimmers do not need to bring training equipment (other than bathers and goggles)

